

16th ACCN COURSE

of clinical nutrition and
metabolic care

22.- 24 MARCH 2024
Ljubljana, Slovenia



SZKP
Slovensko združenje
za klinično prehrano



ESPEN
The European Society for
Clinical Nutrition and Metabolism



Dear colleagues and friends,

On behalf of the Slovenian Society for Clinical Nutrition, I am deeply honored to extend a warm welcome to all participants as we gather in the picturesque city of Ljubljana for the 16th Basic Course of Enteral and Parenteral Nutrition.

The Adriatic Club of Clinical Nutrition has long recognized the vital role of nutritional education for healthcare professionals across our region. In an effort to foster regional networking and the swift exchange of knowledge and experience, the ACCN has been steadfast in organizing this Basic Course in Clinical Nutrition annually. This initiative primarily focuses on educating young doctors, dietitians and other health workers from Eastern countries in the essential areas of clinical nutrition and metabolic care, equipping them with the most current information.

This gathering is more than a meeting; it is a mission to elevate the understanding of nutrition. We firmly believe in nutrition as a precise form of metabolic intervention, extending beyond the simple provision of energy and proteins. Nutrition is indeed a dynamic and vital field of study and practice.

We are confident that your active participation will significantly contribute to the spirit and success of our meeting. We eagerly anticipate a series of enriching discussions, fostering both challenging and pragmatic exchanges among all participants.

Ljubljana, the heart and capital of Slovenia, awaits you with its renowned warmth and hospitality. It is our sincere hope that your experience here will not only be academically enriching but will also foster new friendships and collaborations. We trust that you will depart from our city with a wealth of new knowledge and cherished memories.

In anticipation of a memorable and fruitful course, I extend my best wishes for your stay in Ljubljana. May this experience be as pleasurable for you as it is for us hosting it.

With warm regards,
Milena Blaž Kovač
President of Slovenian Society for Clinical Nutrition

Scientific Committee

Prof. dr. Nada Rotovnik Kozjek, Asist. dr. Milena Blaž Kovač, dr. Taja Jordan, Luka Puzigača, dr.med., Gašper Tonin, dr.med., Eva Peklaj uni.-dipl.ing.

Local Organising Committee/ SLOPEN

Milena Blaž Kovač, Eva Peklaj, Ajda Švab, Lara Černe, Rok Blaž, Mia Majerr, Nina Lapornik

FACULTY

Rocco Barazzoni (Italy)
Željko Krznarić (Croatia)
Michael Chourdakis (Greece)
Rémy Meier (Switzerland)
Regina Komsa (Bulgaria)
Pencho Tonchev (Bulgaria)
Osman Abbasoglu (Turkey)
Peter Tamasi (Hungary)
Aida Saray (Bosna & Hercegovina)
Marina Panišić Šekeljić (Serbia)
Mihailo Bezmarević (Serbia)
Elina Ioannou (Cyprus)
Kalina Grivčeva Stardelova (N. Macedonia)

Nada Rotovnik Kozjek (Slovenia)
Milena Blaž Kovač (Slovenia)
Gašper Tonin (Slovenia)
Taja Jordan (Slovenia)
Tajda Košir Božič (Slovenia)
Denis Mlakar Mastnjak (Slovenia)
Neža Majdič (Slovenia)
Eva Peklaj (Slovenia)
Erik Breclj (Slovenia)
Luka Puzigača (Slovenia)
Andrej Škoberne (Slovenia)
Evgen Benedik (Slovenia)
Gregor Veninšek (Slovenia)
Ana Karin Kozjek (Slovenia)

Scientific program

Friday 22.3.2024

15.00 – 15.30 **Registration**

15.30 – 16.00 **Opening session**

ACCN welcome and Adriatic club activities: Osman Abbasoglu (President of ACCN)

SZKP welcome: Milena Blaž Kovač (Slo SZKP)

ESPEN welcome: Rocco Barazzoni

16. - 19.00 **Session 1**

Chair: Nada Rotovnik Kozjek, Rocco Barazzoni

16.00- 16.30 Mediterranean diet: Željko Krznarić (Croatia)

16.30 -17.00 History highlights of nutrition: Marina Panišić Šekeljčić (Serbia)

17.00 -17.30 Terminology in clinical nutrition: Gašper Tonin (Slovenia)

17.30 -18.00 Malnutrition; definition, etiology, consequence: Rocco Barazzoni (Italy)

18.00- 18.30 Sarcopenia and frailty: Michael Chourdakis (Greece)

18.30 – 19.00 Questions and answers

19.00 - 21.00 **Dinner for participans** (Hotel restaurant)

Faculty dinner from 20.00

Saturday 23.3.2024

9.00 – 10.30 **Session 2**

Chair: Mihailo Bezmarević, Taja Jordan

9.00 – 9.20 Assessment and screening of nutritional risk: Denis Mlakar Mastnak (Slovenia)

9.20 – 9.40 Body composition: Taja Jordan (Slovenia)

9.40 -10.00 Refeeding syndrome: Tajda Košir Božič (Slovenia)

9.40 – 10.00 How too organize nutrition support team: Elina Ioannou (Cyprus)

10.00 – 10.20 Intestinal failure and system of HPN in Slovenia: Nada Rotovnik Kozjek (Slovenia)

10.20 – 10.30 Questions and answers

10.30 – 11.00 **Coffee break**

11.00 – 12.30 **Session 3**

Chair: Milena Blaž Kovač, Pencho Tonchev

11.00 – 11.20 How to approach obesity – integrated view: Milena Blaž Kovač (Slovenia)

11.20 – 11.40 Sarcopenic obesity: Neža Majdič (Slovenia)

11.40 –12.00 Proteome and obesity: Regina Komsa (Bulgaria)

12.00 – 12.20 Management of the patients after Bariatric Surgery: Pencho Tonchev (Bulgaria)

12:20 – 12:40 REDs: Ana Karin Kozjek (Slovenia)

12.40- 12.50 Questions and answers

12.50 – 14.00 **Lunch**

14.00 – 15.30 **Session 4**

Chair: Osman Abbasoglu, Eva Peklaj

14.00 – 14.20 Principles of Enteral Nutrition: Eva Peklaj (Slovenia)

14.20 – 14.40 Methods of delivering enteral nutrition: Aida Saray (Bosna & Herzegovina)

14.40 – 15.00 Principles and techniques of parenteral Nutrition: Osman Abbasoglu (Turkey)

15.00-15.20: When to start Parenteral nutrition: Peter Tamasi (Hungary)

15.20 – 15.30 Questions and answers

15.30-16.00 **Coffee break**

16.00 – 17.30 **Session 4**

Chair: Kalina Grivčeva Stardelova, Tajda Košir

16.00 – 16.20 Perioperative nutrition treatment: Erik Breclj (Slovenia)

16.20 – 16.40 Nutrition in pancreatitis: Mihailo Bezmarević (Serbia)

16.40 – 17.00 Nutritional in liver diseases: Kalina Grivčeva Stardelova (North Macedonia)

17.00 –17.20: Nutrition in cancer: Luka Puzigača (Slovenia)

17.20 – 17.30 Questions and answers

19.30 **Dinner**

Sunday 24.3.2024

9.00 – 10.30 **Session 5**

Chair: Rémy Meier, Andrej Škoberne

9.00 – 9.20 Global nutritional education program: Regina Komsa (Bulgaria)

9.20 – 9.40 Nutrition in IBD: Rémy Meier (Switzerland)

9.40 – 10.00 Nutrition in elderly: Gregor Veninšek (Slovenia)

10.00 – 10.20 Nutrition in nephrology: Andrej Škoberne (Slovenia)

10.20 – 10.40 Nutrition support in pediatrics: Evgen Benedik (Slovenia)

10.40 – 11.00 Questions and answers

11.00 – 11.30 **Coffee break**

11.30 – 12.30 **Test and final remarks**

12.30 – 14.00 **Lunch and Departure**

15.00 **LLL Course: Nutrition in Older Adults** (with maximum number of 50 participants)

General informations

AIMS

- To provide clinically relevant information about clinical nutrition and metabolism
- To improve knowledge about classification of clinical nutrition concepts and how to introduce the process of nutritional care in clinical work

OFFICAL LANGUAGE

- English

APPLICATIONS AND PARTICIPANTS

- Physicians from various specialties can apply to participate in the course as well as other professionals working in the field of clinical nutrition (dietitians, nutricionists, nurses, pharmacist).
- Deadline for application is 25th Februar 2024

APPLICATION PROTOCOL

- Presidents of National societies should send us names of 3 participants and their contact emails
- We will contact them and give them following information regarding applications
- Please send mail to slozkp@gmail.com

Accommodation

CITY HOTEL LJUBLJANA

Dalmatinova 15, 1000 Ljubljana

Hotel is located in the city centre, close to the old town.

- Standard double room for 1 person: €79
- Standard double room for 2 persons: €94
- Comfort double room for 1 person: €89
- Comfort double room for 2 persons: €104

Prices include a rich buffet breakfast, unlimited use of the fitness center, and VAT at 9.5%. Tourist tax is not included in the listed prices; the additional charge is €3.13 per person per night.

The hotel has prepared a special reservation link and code for the participants, which guests will use to book the rooms directly with the hotel. The hotel will confirm the agreed accommodation prices on FEBRUARY 21, 2024.

<https://www.cityhotel.si/events/eid/561/>

Room reservations for the lecturers will be arranged by Slo SZKP.

TRANSFER from Jože Pučnik Airport to the hotel and vice versa:

- Shuttle transfer: €12 per person one way
- Taxi service: €38 one way

Check-in at 15:00 and check-out at 11.00

PARKING: Our guests and event participants have the option of parking in the hotel garage. Spaces are limited, so advance reservation is mandatory. The parking fee is €20/car/24 hours or €10/car for the duration of the event.